

April 2024

Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Ale Battered Shrimp Wild Rice Asparagus Yogurt with Fruit	2 Swiss Baked Chicken Sweet Potatoes Peas Fruit	3 Porcupine Meatballs Mashed Potatoes Squash Mixed Berry Crisp with Whipped Topping	4 Pork Chop in Gravy Boiled Potatoes Broccoli & Cauliflower Fruit	5 Chicken Pot Pie Casserole Coleslaw Fruit
8 Polish Sausage Sauerkraut Pickled Beets Roasted Potatoes Fruit	9 Baked Cod Rice Pilaf Carrots Fruit	10 Chicken Fried Chicken Mashed Potatoes Country Gravy Creamed Corn Jell-O with Fruit	11 Chef Salad Breadstick Grapes	12 Hamburger Noodle Hotdish Peas & Carrots Biscuit Fruit
15 BBQ Ribs Sweet Potatoes Brussel Sprouts Fruit	16 Knoephla Soup Egg Salad Sandwich Crackers Carrot & Celery Sticks Pudding with Bananas	17 Ham Cheesy Hashbrowns Baked Beans Apple Crumble Pie With Whipped Topping	18 Hamburger Patty In Gravy Sour Cream 'n Chives Mashed Potatoes Glazed Carrots Fruit	19 Chicken Cordon Bleu Baked Potato Malibu Vegetables Fruit
22 Beef Tips in Gravy Egg Noodles Green Beans Fruit	23 Cheese Ravioli in Meat Sauce Peas & Carrots Brownie Fruit	24 Turkey/Dressing/Gravy Mashed Potatoes Corn Cranberries Ice Cream	25 Chicken Strip Wrap House Salad Broccoli Salad Pudding with Whipped Topping Fruit	26 Lemon Pepper Fish Rice Pilaf Stewed Tomatoes Fruit
29 BBQ Chicken Breast Parslied Potatoes Beets Pumpkin Bread Fruit	30 Hamburger on a Bun Potato Salad Fruit Salad	Age 60 and over – Suggested donation For meals is \$5.50, Contribute as you are able. Those under 60 must pay \$8.00.	This menu can be found on UTMA Channel 1 or on our website: http://cavaliercountyseniormealsandservices.com	Congregate meals are served at Noon. Takeout meals can be picked up any time after 11:30am. Home delivery starts at 11am.

EBT/SNAP is accepted. Full cost of a meal: \$8.00. Suggested Donation: \$5.50. Please contribute what you can. Those under 60 are required to pay the full cost of the meal. Each meal is served with 8 oz. of 1% milk and 2 slices of whole wheat bread (unless otherwise indicated). Coffee and water is served at the Senior Center.